

*ANNUAL
REPORT
2010*

CHINATOWN HEALTH CLINIC FOUNDATION

LETTER FROM THE PRESIDENT

Dear Friends:

The Chinatown Health Clinic Foundation brings together health care professionals and compassionate individuals to support community-based health care services, such as the Charles B. Wang Community Health Center. By sponsoring these vital services, we can improve the quality and accessibility of health care for the Asian American community.

Since the establishment of the first community health centers in 1965, they have been an integral part of the American health care system, and they will continue to provide essential health care for millions of Americans for years to come. Community health centers provide affordable and high quality primary care and support services to many neighborhoods that lack access to care. As federally funded nonprofit organizations, they serve all patients regardless of their insurance status or ability to pay. They also reduce costs by promoting preventive care. By addressing health issues before they become serious, community health centers help patients avoid costly emergency room visits and hospital stays.

With the enactment of the Affordable Care Act last year, health insurance coverage will be extended to approximately 32 million uninsured Americans. However, about 20 million people will remain uninsured. These groups will still look to community health centers for their medical needs. Even for individuals who have health insurance, community health centers will continue to serve as affordable sources of high quality health care.

On behalf of the Chinatown Health Clinic Foundation and the people we serve, thank you for your generous donations in 2010. Without your support, our accomplishments would not be possible.

Sincerely yours,



Raymond Fong, MD
President



Our 2010 Accomplishments:

SUPPORTING THE CHARLES B. WANG COMMUNITY HEALTH CENTER

The Chinatown Health Clinic Foundation supports the Charles B. Wang Community Health Center, which serves an important role in the Asian American community. As a source of comprehensive primary health care for low-income patients, the health center provides quality care, decreases the number of costly emergency room visits, and lowers the rates of preventable hospitalizations.

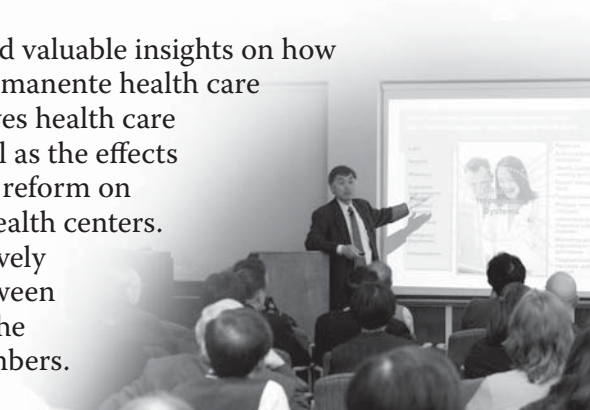
With the foundation's support, the health center provides much-needed bilingual, bicultural services in areas such as internal medicine, women's health, pediatrics, dental care, mental health, social work, and health education. As a federally qualified health center, the Charles B. Wang Community Health Center never turns patients away for lack of ability to pay and thus serves as a crucial health care provider to the most vulnerable populations, including the uninsured, low-income families, and patients who face language and cultural access barriers.

PRESENTING THE CHINATOWN HEALTH CLINIC FOUNDATION LECTURE SERIES

Each year, the foundation invites a prominent leader in the area of health or public health to deliver a lecture before a gathering of community providers, board members, staff, and supporters. The lectures introduce the audience to emerging ideas from leading experts in the area of health care access, health care quality, public and community health practices, and scientific research. Through the series, the foundation hopes to create an understanding of future challenges in the delivery of health care and provide inspiration for those in attendance on how the challenges could be met.

Last fall, the foundation was honored to have Dr. Benjamin K. Chu deliver the annual lecture. Dr. Chu is the regional president of Kaiser Permanente Southern California. Prior to joining Kaiser in 2005, Dr. Chu was president of the New York City Health and Hospitals Corporation, senior associate dean at the Columbia University College of Physicians and Surgeons, vice president for clinical affairs at New York University Medical Center, and associate dean at the New York University Medical Center. Dr. Chu was also formerly a board member of the Charles B. Wang Community Health Center.

Dr. Chu shared valuable insights on how the Kaiser Permanente health care model improves health care quality, as well as the effects of health care reform on community health centers. There was a lively exchange between Dr. Chu and the audience members.



AWARDING
SCHOLARSHIPS FOR
CHARLES B. WANG
COMMUNITY HEALTH
CENTER STAFF AND
VOLUNTEERS

At the Charles B. Wang Community Health Center, many of its bilingual and bicultural staff are from the Asian American community and share the same background and demographic as their patients. The health center trains community members to serve as providers, outreach workers, health educators, medical assistants, patient service representatives, and care coordinators. As health care professionals, they give back to their community by improving the health of their neighbors. The health center also encourages its student volunteers to contribute to their community by pursuing careers in health care and developing leadership skills.

The Chinatown Health Clinic Foundation supports the health center's endeavors through the Dickson Hee Scholarship and the Dr. Thomas Tam Community Health Leaders Scholarship. The Dickson Hee Scholarship helps health center staff enroll in a course or training program to develop their skills and advance their professional careers. The Dr. Thomas Tam Community Health Leaders Scholarship recognizes high school students who participate in the health center's Teen Resource Center and demonstrate their commitment to community service and their leadership potential.

With your gifts, we have been able to support the Dickson Hee Scholarship and the Dr. Thomas Tam Community Health Leaders Scholarship to help foster development of the next generation of health leaders in the Asian American community.

*Comments from
Scholarship Recipients*

"I am currently finishing my second year at NYU's Wagner Program. In the coming months, I am preparing to take on the Capstone challenge. Capstone is an active part of the core curriculum of the Masters of Public Administration program at Wagner. This year-long project will provide me a critical learning experience—addressing specific challenges for a particular organization and the wonderful opportunity to perform additional public service. The scholarship has helped me tremendously because I was able to use the award to pay for course materials needed for class. I would like to take this opportunity to express my sincere gratitude—thank you!"

-Ada Feng,

Dickson Hee Scholarship recipient

"As a graphic designer for the health center, it was a challenge to create materials for a Chinese speaking community without knowing how to speak, read, or write Chinese. The Dickson Hee Scholarship allowed me to take Mandarin language classes that not only improved my workflow, but helped me to better understand the community that the health center serves."

-Grace Hong,

Dickson Hee Scholarship recipient

"Once again, thank you for selecting me as a recipient of the Dickson Hee Scholarship. The scholarship provided tremendous assistance and greatly helped me pay for my expensive tuition. I have finished two years of studying to receive my associate degree as a medical assistant."

-Flora Lai,

Dickson Hee Scholarship recipient

“It is my great pleasure to announce that I have completed my computer training class, The experience and knowledge that I have gained from the class was valuable. It will benefit me in my work. I have learned a lot of computer skills and also improved my vocabulary. I really enjoyed the class. Thanks for providing me the chance to participate in the Dickson Hee Scholarship program.”

-Tina Lee,

Dickson Hee Scholarship recipient

“The Dickson Hee Scholarship has given me the opportunity to take Mandarin classes. These classes significantly increased my understanding of Mandarin, so now I can better communicate with patients and community members. Learning to speak Mandarin has helped me in my daily life and has enabled me to do my job better. I am very grateful for this scholarship.

Thank you!”

-Melinda Tong,

Dickson Hee Scholarship recipient



“The Dr. Thomas Tam Community Health Leaders Scholarship has given me the chance to pursue a well-rounded, strong liberal arts education at a private school that I otherwise would not have been able to afford. I have taken classes and participated in activities that have suited my interests and allowed me to explore other fields. Thank you for the scholarship; I hope that the Chinatown Health Clinic Foundation can continue this scholarship program that will benefit many students.”

-Valinda Chan, *Dr. Thomas Tam Community Health Leaders Scholarship recipient*

“I have almost completed my first year at Binghamton University after being selected as a Dr. Thomas Tam Community Health Leaders Scholarship recipient. With the high cost of education, books, and other attached fees, I appreciated the scholarship for helping for me financially. For that, I would like to thank the Chinatown Health Clinic Foundation again for helping me and providing great opportunities for the Chinatown community.”

-Daphne Lee, *Dr. Thomas Tam Community Health Leaders Scholarship recipient*

“I am currently enjoying my time as a second semester freshman at Syracuse University, and I am honored to have been a Dr. Thomas Tam Community Health Leaders Scholarship recipient. Thanks.”

-Shao Mei Zhang, *Dr. Thomas Tam Community Health Leaders Scholarship recipient*



*PROMOTING
HEALTHY
PREGNANCIES
WITH
XIAO BAO BAO:
BABY BASICS*

To provide enhanced health education for expectant mothers, the Chinatown Health Clinic Foundation has donated 600 copies of Xiao Bao Bao: Baby Basics to the Women's Health Department at the Charles B. Wang Community Health Center. Nurses, health educators, and providers use Xiao Bao Bao to deliver prenatal care education to pregnant women in a friendly and culturally appropriate manner. Patients can also read the book in the health center's reception area or request their own copy of the book.

The health center collaborated with the What to Expect Foundation to create Xiao Bao Bao, a Chinese adoption of Baby Basics: A Month by Month Guide to a Healthy Pregnancy. Xiao Bao Bao is written in third to fifth grade reading level for low health literacy patients, and it integrates stories from mothers and colorful pictures to entertain and educate pregnant women. The book provides comprehensive prenatal information and covers everything from labor signs to applying for Medicaid and nutrition supplement programs. The goal of the book is to promote healthy pregnancies for expectant mothers and healthy outcomes for their babies.



Patient Comments on Xiao Bao Bao

"I like it so much. This book provides plenty of information to me, especially the dos and don'ts part."

"I love this book; it is helpful. I read it regularly."

"Unlike other pregnancy books, it is colorful and interesting."

"I read every chapter in the beginning of every month as the educator teaches me."

你不断变化的身体

“我最喜欢感觉宝宝在肚子里动。那天我正坐在公车上，宝宝在肚子里踢得起劲。我禁不住笑了起来。周围有很多人和我说话，但是，我和宝宝之间却有我们自己的秘密语言。”



你的身体

- 胎动。
- 下体有白色分泌物。
- 腹部侧面和下方肌肉酸痛。
- 肚皮发痒。
- 肠胃问题，消化不良，烧心感。
- 头疼。
- 头晕。
- 鼻塞或流鼻血。
- 牙龈出血。
- 腿部痉挛（抽筋）。
- 脚踝和脚浮肿。
- 静脉曲张。
- 腰背痛。
- 腹部和脸上的皮肤出现色素块。

你的感受

现在，你非常健忘，东西到处乱放。你会开始担心自己分娩的过程，但是，你也会感到很高兴，因为一个新生命即将降临了！

我应该给医生打电话吗？如果你感觉不舒服，或是阴道出血，请翻到本书的最后一页（第295页）查看你的症状。如果你不放心的话，最安全的做法是联系你的医生。

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水果：一天2-4份

水果富含宝宝需要的维生素和矿物质（如维生素C和叶酸）以及你需要的纤维素。



水果包括：

香蕉
柚子
各类橙子，包括柑橘
芒果
葡萄
猕猴桃（奇异果）
桃子
李子
哈密瓜

白兰瓜（密瓜）
草莓和其他莓果
西瓜
杏梅
葡萄干
苹果
梨
木瓜

蔬菜：一天4份

蔬菜含有多种对宝宝有益的成分，如：维生素、矿物质、和纤维素，而且卡路里含量不高。

蔬菜包括：

竹笋
茄子
菇类（金针菇、香菇、
蚝菇、草菇）
竹筴
南瓜
豆芽
瓜类
菠菜
西兰花
白菜
芹菜
雪豆
莲藕
花菜（椰菜花）
番茄/西红柿

胡萝卜
真菌类
蒜苗
菜豆（四季豆）
辣椒（红的，绿的，
黄的）
豆瓣菜/西洋菜/
水田芥
芦笋
萝卜



一份水果是多少？

一个小水果或一片甜瓜
半杯（4盎司）100%的果汁
半杯（4盎司）切碎的，煮过的或罐装的水果（选择用水或果汁浸泡的水果罐头，不要买加糖浆的水果罐头）
1/4杯（2盎司）干果

以颜色辨认营养

通过水果和蔬菜的颜色可以判断它们的营养。内部颜色较深的一般更有营养。暗橙色（如胡萝卜），黄色（如桃子和芒果），或者绿色（如青椒）的水果和蔬菜富含维生素A和C，可以作为可口的零食。

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"It's useful. I read it according to my pregnancy month. It is well organized."

"It's helpful. The Charles B. Wang Community Health Center is doing a great job for pregnant women."

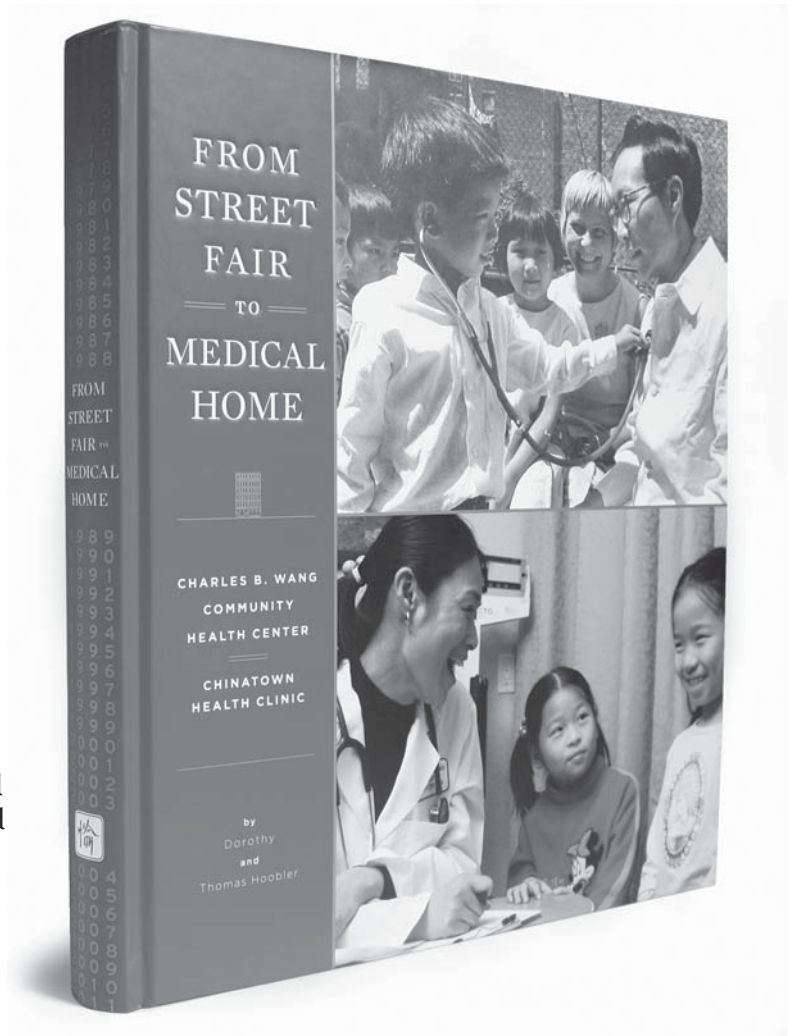
"Both my mom and I like this book a lot."

"Excellent! The staff from the Charles B. Wang Community Health Center is so nice. Thanks for giving this book to me."

"The book is so great! My wife has already delivered; she brought this book to the hospital."

*SPONSORING
THE PUBLICATION
OF FROM STREET
FAIR TO MEDICAL
HOME*

To commemorate the Charles B. Wang Community Health Center's fortieth anniversary, the Chinatown Health Clinic Foundation sponsored the publication of a book entitled *From Street Fair to Medical Home*. Based on over a hundred interviews with former and current staff, volunteers, and board members, the book chronicles the history of the health center as it evolved from a health fair to a federally qualified health center with four locations in Chinatown and Flushing. *From Street Fair to Medical Home* includes dozens of photos as well as side bars that describe those who contributed to the health center's development, featured programs, and major medical conditions treated at the health center. *From Street Fair to Medical Home* is written by Dorothy and Thomas Hoobler who have published more than 60 books, including *The Chinese American Family Album*.



The book captures the compelling story of the Charles B. Wang Community Health Center's challenges and achievements, provides inspiration for staff and other community health centers, and preserves a unique part of New York Chinatown's history.

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FINANCIAL STATEMENT

*Year Ended
December 31, 2010*

REVENUE

| | |
|--------------------------------|------------|
| Donations and Contributions | \$ 423,739 |
| Rental Income | \$ 696,174 |
| Unrealized gain on investments | \$ 721,183 |
| Other | \$ 106,977 |

Total Revenues \$ 1,948,073

FUNCTIONAL EXPENSES

| | |
|------------------------|------------|
| Program Services | \$ 323,344 |
| Management and General | \$ 257,757 |

Total Expenses \$ 581,101

Increase in Net Assets \$ 1,366,972

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